

# TRAINING MODULES

## A UNIQUE, EFFECTIVE APPROACH TO SECURITY AWARENESS TRAINING

Proofpoint Security Awareness Training provides training based on research-proven Learning Science Principles that help improve the effectiveness of cybersecurity education. Our training modules have earned praise from customers and end users alike. And they are designed to help you deliver the right training to the right people at the right time.

- Available in video, interactive and game-based formats to effectively cater to all learning styles.
- Customize the training modules with training jackets. And use the self-service [Customization Center](#) to edit most visible text, including the questions in quizzes and text across all supported locales.
- Lessons are brief and focused. Each module takes only 5 to 15 minutes to complete, on average.
- Mobile-responsive design allows users to take training anytime, anywhere, on any connected device.
- Interactive modules conform to the U.S. Section 508 standard and the Web Content Accessibility Guidelines (WCAG) 2.0 AA standard.
- Modules are available in [35+ languages](#). Professionally translated and localized content with regional specific references delivers engaging training for employees around the globe.
- Flexible, on-demand format minimizes disruption to daily work routines. Continuous updates ensure that training is relevant and up-to-date.
- Gamification techniques and interactivity keep end users engaged. Employees set the pace and receive feedback throughout.

### Securing Your Email—Fundamental Series

#### Introduction to Phishing

Teaches users how to recognize email traps and avoid phishing scams.

#### Avoiding Dangerous Attachments

Focuses on identifying and avoiding dangerous email attachments.

#### Avoiding Dangerous Links

Explains common email traps and how to avoid dangerous links.

#### Data Entry Phishing

Teaches users how to identify and avoid scams that request personal or sensitive data.

### Password Protection Series

#### Beyond Passwords

Explains how to use PINs and passphrases to secure devices and accounts.

#### Multi-Factor Authentication (MFA)

Focuses on adding an extra level of security to accounts using multi-factor authentication.

#### Password Management

Explores best practices and strategies for safely managing passwords.

#### Password Policy

Teaches users how to create passwords compliant with your company's policy.

### Securing Your Email—Advanced Series

#### Email Protection Tools

Teaches users how to protect themselves from phishing scams in combination with email defense tools.

#### Email Security on Mobile Devices

Explores how to identify and avoid phishing emails on mobile devices.

#### Spear Phishing Threats

Trains users to recognize and avoid targeted phishing attacks.

### Insider Threat Series

#### Insider Threat Overview

Introduces the concept of insider threats and best practices for protecting against them.

#### Malicious Insider Threat

Presents users with real-world examples where they can discover actions that help mitigate malicious threats.

#### Unintentional Insider Threat

Walks users through scenarios that highlight employee actions that cause unintended threats.

### Personally Identifiable Information (PII) Series

#### PII in Action

Presents users with various scenarios to learn how different decisions affect our ability to safeguard PII.

#### PII Fundamentals

Teaches users how to protect confidential information about themselves, your organization and your customers.

### Preventing Compromise Series

#### Identifying Compromised Accounts

Identify how and why attackers compromise accounts. Learn best practices to avoid the scams associated with a compromised account, such as email fraud.

#### Mitigating Compromised Devices

Identify how and why attackers compromise devices. Learn best practices to avoid a compromise or a scam associated with a compromise.

### Mobile App Series

#### Mobile App Security

Teaches users how to judge the safety of mobile apps prior to downloading them.

#### Mobile App Permissions

Teaches users how to research app components and the implications of dangerous permissions.

**Other Training**

**Data Protection and Destruction**

Teaches employees how to use portable storage safely and properly dispose of sensitive data.

**Email Security**

Teaches users how to identify phishing emails, dangerous attachments and other email scams.

**GDPR Overview**

Introduces users to protecting personal data under the General Data Protection Regulation.

**GDPR in Action**

Trains users to apply concepts outlined in the GDPR to everyday situations and decisions.

**Mobile Device Security**

Explains physical and technical safeguards for protecting devices and data.

**Physical Security**

Teaches users how to keep people, areas and assets more secure.

**Protected Health Information (PHI)**

Teaches employees why and how they should safeguard Protected Health Information.

**Protecting Against Ransomware**

Teaches users how to recognize and prevent ransomware attacks.

**Safe Social Networking**

Shows users how to use social networks safely and responsibly.

**Safer Web Browsing**

Focuses on staying safe on the internet by avoiding risky behavior and common traps.

**Security Beyond the Office**

Shows users how to avoid common security mistakes while working at home or on the road.

**Security Essentials**

Explores security issues commonly encountered in daily business and personal activities.

**Security Essentials—Executive**

Teaches users how to recognize and avoid threats senior managers encounter at work and at home.

**Social Engineering**

Teaches users how to recognize and avoid social engineering scams.

**Travel Security**

Explores how to keep data safe when working in airports, hotels and other public spaces.

**Understanding PCI DSS**

Shows users how to recognize warning signs and improve security of credit card data.

**URL Training**

Explains how to spot fraudulent URLs.

**USB Device Safety**

Teaches users to protect themselves, data and systems when using USB devices.

**Workplace Security in Action**

This scenario-based module reinforces key components of office security and covers topics such as social engineering, insider threats and shoulder surfing.

**SECURITY AWARENESS MATERIALS**

Looking to supplement your training initiatives? We offer a wide selection of videos, posters, infographics, newsletters, images, articles and more—all designed to make cybersecurity an ongoing topic of conversation with your end users. Keeping security top of mind is critical to reducing your organization's risk.

To learn more visit [proofpoint.com/security-awareness](https://proofpoint.com/security-awareness)

**ABOUT PROOFPOINT**

Proofpoint, Inc. (NASDAQ: PFPT) is a leading cybersecurity company that protects organizations' greatest assets and biggest risks: their people. With an integrated suite of cloud-based solutions, Proofpoint helps companies around the world stop targeted threats, safeguard their data, and make their users more resilient against cyber attacks. Leading organizations of all sizes, including more than half of the Fortune 1000, rely on Proofpoint's people-centric security and compliance solutions to mitigate their most critical risks across email, the cloud, social media, and the web. More information is available at [www.proofpoint.com](http://www.proofpoint.com).

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